



PUNJAB PUBLIC SERVICE COMMISSION
COMBINED COMPETITIVE EXAMINATION
FOR RECRUITMENT TO THE POSTS OF
PROVINCIAL MANAGEMENT SERVICE -2020

SUBJECT: PSYCHOLOGY (PAPER-I)

TIME ALLOWED: THREE HOURS

MAXIMUM MARKS: 100

NOTE:

- i. All the parts (if any) of each Question must be attempted at one place instead of at different places.
- ii. Write Q. No. in the Answer Book in accordance with Q. No. in the Q. Paper.
- iii. No Page/Space be left blank between the answers. All the blank pages of Answer Book must be crossed.
- iv. Extra attempt of any question or any part of the question will not be considered.

Attempt FIVE Questions in All. Attempt in Urdu or English.

- Q. No. 1** What are the key principles of humanistic psychology and how it is related to an individual's life? **(20 Marks)**
- Q. No. 2** Discuss Gardner's and Sternberg's non-unitary theories of intelligence. How are they similar, and how do they differ from each other? **(20 Marks)**
- Q. No. 3** What is a reinforcer? Discuss with respect to the role of the reinforcer in classical and instrumental conditioning. **(20 Marks)**
- Q. No. 4** How Gestalt Principles contribute to our perception. Discuss in detail and exemplify with daily life examples. **(20 Marks)**
- Q. No. 5** Briefly describe Piaget's four stages of cognitive development and elaborate how it is applicable in daily life. **(20 Marks)**
- Q. No. 6** Explain the concept of Child Development. Illuminate the Bronfenbrenner's Ecological theory of Human Development. **(20 Marks)**
- Q. No. 7** Elaborate the concept of Motivation by citing appropriate examples. Also discuss Biogenic and Psychogenic types of Motives. **(20 Marks)**
- Q. No. 8** **Write notes on any two of the following:** **(10+10=20 Marks)**
- a) Ethical Issues in Psychotherapy
 - b) Positive Psychology
 - c) Prejudice
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SUBJECT: PSYCHOLOGY (PAPER-II)

TIME ALLOWED: THREE HOURS

MAXIMUM MARKS: 100

NOTE:

- i. All the parts (if any) of each Question must be attempted at one place instead of at different places.
- ii. Write Q. No. in the Answer Book in accordance with Q. No. in the Q. Paper.
- iii. No Page/Space be left blank between the answers. All the blank pages of Answer Book must be crossed.
- iv. Extra attempt of any question or any part of the question will not be considered.

Attempt FIVE Questions in All. Attempt in Urdu or English.

- Q. No. 1** Define **Stress** and possible physiological and psychological responses to stress? Given this COVID19 situation, where people are experiencing and reporting a lot of social, emotional, and financial stresses, what coping strategies you may recommend helping to reduce stress?
(20 Marks)
- Q. No. 2** Define Personality? Discuss and evaluate **psychoanalytical perspective** of personality development; give its strengths and possible criticism?
(20 Marks)
- Q. No. 3** How do you define psychological disorder? Discuss some types of **Anxiety disorders**, their symptoms, causes (risk factors), and diagnostic criteria?
(20 Marks)
- Q. No. 4** Define Social Influence? Explain how **Group pressure, Conformity and Obedience** effects our attitudes, beliefs, decisions and actions?
(20 Marks)
- Q. No. 5** What are the goals of Scientific research? Explain in detail the **Experimental Research Design**, its key features and its advantages over other research designs? What are some common problems that researchers encounter while conducting experimental studies?
(20 Marks)
- Q. No. 6** Explain **Altruism and Prosocial behaviors**? What are different factors that influence helping? How we can improve helping behaviors in the country given the current situation of health and financial crises due to COVID-19?
(20 Marks)
- Q. No. 7** Psychoanalytic and Behavioristic schools of thought are different according to its theoretical assumptions and practical applications; Discuss.
(20 Marks)
- Q. No. 8** "Man is a social animal", discuss it with reference of social norms, traditions, attitudes, group behavior and culture.
(20 Marks)